Daily Hygiene Habits

WAKE UP
- Go to Bathroom
  - Take a Shower
  - Dress in Clean Clothes
  - Wash Hands
  - Eat Breakfast
  - Brush and Floss Teeth

GO ABOUT YOUR DAY
- Go to Bathroom
  - Wash Hands
  - Have Lunch
  - Interact with People

END YOUR DAY
- Wash Hands
  - Have Supper/Dinner
  - Relax
  - Wash Face
  - Brush and Floss Teeth